



## Omaha, Nebraska September 15, 2019

### P4K FRIENDS & FAMILY MILE Sunday, September 15, 2019

- Start at the TD Ameritrade Park
- Proceed east on Mike Fahey St.
- R on N. 10th St.
- Turnaround at .5 miles and return on same route to Finish

### P4K 5K

#### Sunday, September 15, 2019

- Start at the TD Ameritrade Park
- Proceed east on Mike Fahey St
- R on N. 10th St.
- R on Capitol Ave.
- R on N. 16th St.
- L on Cass St.
- R on N. 19th St./Florence Blvd.
- Turnaround at 1.55 miles and return on same route to Finish

### 10K

#### Sunday, September 15, 2019

- Start at the TD Ameritrade Park
- Proceed east on Mike Fahey St
- R on N. 10th St.
- R on Capitol Ave.
- R on N. 16th St.
- L on Cass St.
- R on N. 19th St./Florence Blvd.
- Turnaround at 3.1 miles and return on same to Finish

### HALF MARATHON

#### Sunday, September 15, 2019

- Start at the TD Ameritrade Park
- Proceed east on Mike Fahey St.
- R on N. 10th St.
- R on Capitol Ave.
- R on N. 16th St.
- L on Cass St.
- R on N. 19th St./Florence Blvd.
- L on N. 19th St. onto Miller Park Dr.
- R on Miller Park Dr.
- R on Redick Ave.
- L on Minne Lusa Blvd.
- L on Sharon Dr.
- Turnaround at 6.55 miles and return on same route to Finish

### MARATHON

#### Sunday, September 15, 2019

- Start at the TD Ameritrade Park
- Proceed east on Mike Fahey St.
- R on N. 10th St.
- R on Capitol Ave.
- R on N. 16th St.
- L on Cass St.
- R on N. 19th St./Florence St.
- L on N. 19th St. onto Miller Park Dr.
- R on Miller Park Dr.
- R on Redick Ave.
- L on Minne Lusa Blvd.
- L on Sharon Dr.
- R on N. 29th St.
- R on Reynolds St.
- R on N. 28th St.
- L on Craig Ave.
- Cross John Pershing Dr. to Trail
- R on Trail
- Cross E. Fort St. to N. 10th St. E. onto Trail
- R on Carter Lake Dr.
- Turnaround at 13.1 miles and return on same route to Finish

